



A GUIDE TO BALANCE

Which extreme do you tend to swing to - structure or spontaneity?

What holds you back from being spontaneous?

What are some example of ways you'd like to be spontaneous?

What areas in your life need structure and a routine?

Once you figure out the areas, answer each of the following questions to figure out what the routine will be:

1. What needs to happen?
2. How often?
3. Do you need to do anything to prepare?
4. What resources are part of the routine? Do you have them?

NEW ROUTINES:



NEW ROUTINES CONTINUED:

OUT OF YOUR BOOK:

INTO YOUR LIFE:

A PART OF GOD'S PLAN: *Ask the Lord to help you find the perfect balance of spontaneity and structure.*

T H E F I N I S H I N G S C H O O L

